

National Council on Strength & Fitness (NCSF)

The National Council on Strength & Fitness (NCSF) administers their exam with computer-based delivery. The NCSF web site is <http://www.ncsf.org/>.

Authorized base-sponsored Prometric National Test Centers may administer NCSF exams with computer-based delivery. Available sites may be viewed at: <http://www.prometric.com/>. The NCSF certification exam demonstrates knowledge of basic anatomy, exercise physiology, health screening and evaluation, nutrition and weight management. The NCSF Certified Professional Trainer exam consists of 225 multiple-choice questions and the applicant has approximately two and a half hours to complete the examination.

<u>Type of Certification</u>	<u>Exam Date</u>	<u>Registration Date</u>	<u>Fees</u>	<u>DEPH Chapter</u>
Certified Professional Trainer (CPT)	Test on demand	No specific	\$199 - Registration	http://www.dantes.dod.mil/Dantes_web/library/docs/dep_h/part3/NC_SF.pdf